

I started seeing Dr. Rohde when I was almost 36 years old. I will be 37 years old in May 2011. I had heard from my friend that he evaluated hormone levels and worked at regulating female and male hormones to optimal working levels. I had never heard of such a thing. For 12 years!, since the birth of my twins, I have felt "off" and with each subsequent birth, my life slowly drifted away. I could picture, in my mind, who I used to be, but that life was replaced with a daily anti-depressant, debilitating fatigue, and body aches. I was just making it through each day. No joy! No enthusiasm! Just surviving.

I would often look at other people and really wonder if they felt the same way too. Were they as tired as I was? Was life just ho-hum for them as well? Were they are overwhelmed as I was? I would ask my 67 year old mother if she felt like her eyes could slam shut as any given moment? Her answer was No!

The effects of my hormonal imbalance were so slow in creeping into my life, that truly trying to decide if there was something wrong with me was difficult. I told myself for a long time that this was just "my normal." Once I finally decided to call Renew for an appointment, it took me 3 months! to pick up the phone. I was so afraid my symptoms were all in my head.....guess what? They weren't....I really was a mess!!!!

Dr. Rohde's passion to go beyond what most ObGyn's and Family doctors traditionally do, has changed my life. That person I would picture in my mind, is slowly, but amazingly, becoming me again!

Thank you, Dr. Rohde and your wonderful, caring staff!

Sincerely,

Kari T