

Bio- Identical Hormone Evaluation and Testing Cost and Billing Information

OFFICE VISITS

We will bill insurance companies with whom we have a contract for your office visit. Our policy is as follows:

Initial visit:

- 1) As a new consultation patient you will be billed an extended new patient visit charge
- 2) As an established patient you will be billed an extended office visit (99215) for the extended length of time this initial interview and exam necessitates.

If you have no healthcare insurance or you are "out of network" because we do not have a contract with your insurance carrier we have reasonable cash pay prices. You will be asked to pay for your visit at the time of service. The initial new half hour visit will be \$150.00 due the day of service. **If you do not pay for your initial visit at the time of service** we will bill, and you will be responsible for, the usual full visit price **without** the cash discount.

Second visit:

Treatment planning – this will also be an extended visit to allow us to review your lab studies and plan a personalized management program – we will charge an extended standard office visit (99215) due to the extra time and coordination this visit requires. If we require more than 40 minutes we will also bill an extended office visit charge (99354). Cash pay or out of network patients will be required to pay \$150.00 at the time of the visit for a half hour appointment.

Third and Subsequent visits:

Generally these follow-up visits require less time and will be billed as a regular office visit (99214). Cash pay or out of network patients will be required to pay \$75.00 at the time of the visit. Depending on your need to discuss and/or modify your treatment regimen, i.e. if you are having problems or require extra time to discuss your clinical situation, a higher visit code and additional time charges may be required.

Please be advised that **if you have a high deductible policy** and we are contracted with your insurer **you will be personally liable for any and all charges up and until your deductible has been met.** Please come prepared to pay for these costs at your visit as you know you are liable for them. We will not bill these charges.

TESTING

We will bill contracted insurance carriers for blood, urine, stool, and saliva testing. Some carriers do not reimburse us sufficiently to cover our costs for some testing

and we will ask the laboratory to bill your insurance directly. Some specialty testing performed at specialized labs will not be covered by your insurance and you will be asked to pay the laboratory directly for these services when we feel they are necessary to help diagnose your condition.

Lab Cost Guide: The lab work ordered will of course be variable with each individual based on their unique history and clinical situation. A list of cash prices for the most commonly ordered labs is noted below. **The most common combination** will be a combo panel saliva test for sex and stress hormones (\$290.00), as well as blood work for Thyroid studies and Vitamin D (\$76.00), this **totals \$366.00**.

Cash Pay Test Prices:

Saliva / Stool Testing
Hormone Panel – Female \$150.00/ Male \$155.00
Adrenal Stress Hormone Panel - \$170.00
Combination Panel 10-15 tests - \$230.00
Combination Panel 16-20 tests - \$290.00
Combination Panel 21-25 tests - \$345.00
Female Cycling Hormone Panel - \$350.00
Regular GI Panel - \$260.00

Blood Testing
CBC - \$16.00
CMP - \$20.00
Lipid - \$ 20.00
Thyroid – TSH, Free T4, Free T3 - \$36.00
Thyroid + Vit D - \$76.00
Vitamin D - \$40.00
LH - \$ 40.00
FSH - \$ 40.00
PSA - \$36.00
Pregnancy - \$34.00
Prolactin - \$45.00

Why are cash prices lower than billed insurance charges? First, insurance billing requires extra staff. This increases our cost of providing your service. Second, we often must wait for months to be paid depending on the insurer. Third, billed prices are elevated as each insurer marks down the billed charge to a level determined by your employer’s negotiated fee schedule, which is variable. Often this fee does not cover our cost of this specialized testing charged by the laboratory performing the testing.

Supplements

If we recommend nutritional supplements at your visits to start or adjust your healing program you will be asked to pay for those at the time of your visit. Please come prepared to pay for these costs at the time of service.